

**BODYWORKS MARTIAL ARTS CENTER**  
**CLASS SCHEDULE**

Monday "A Day"	Tuesday "A" Day	Wednesday "B" Day	Thursday "B" Day"	Friday "A/B" Day	Saturday "A/B" Day	
<b>4:00</b> DW ADV	<b>4:15</b> DW Beg/Int	<b>4:00</b> DW ADV	<b>4:00</b> DW Beg/Int.	<b>4:15</b> Ninja Turtle	<b>9:00</b> Ninja Turtle	
<b>4:45</b> Ninja Turtle	<b>5:00</b> Weapons	<b>4:45</b> Ninja Turtle	<b>4:45</b> Ninja Turtle	<b>5:45</b> Weapons	<b>9:30</b> DW BEG	
<b>5:15</b> DW BEG	<b>5:45</b> DW ADV	<b>5:15</b> DW INT	<b>5:15</b> DW ADV	<b>6:30</b> Adult & Jr's Combined	<b>10:15</b> DW INT	
<b>6:00</b> DW INT	<b>6:30</b> Adult Jr's	<b>6:00</b> DW BEG	<b>6:00</b> Weapons		<b>11:00</b> DW ADV	
<b>6:45</b> Adult Jr's	<b>7:15</b> Adult Adv	<b>6:45</b> Adult Jrs.	<b>6:30</b> Adult Jr's			
<b>7:30 – 8:30</b> Adult All ranks through first degree black		<b>7:30 – 8:30</b> Adult All ranks through first degree black	<b>7:15</b> Adult Adv			
<b>8:30 – 9:15</b> 2 <sup>nd</sup> Degree Black & Above			<b>8:15</b> Private			

**PLEASE ARRIVE NO MORE THEN 10 MINUTES BEFORE CLASS TIME.**

**WE ARE ASKING FOR YOUR SUPPORT IN KEEPING THE NOISE LEVEL TO A MINIMUM IN THE WAITING AREA TO ASSURE THAT ALL STUDENTS/PARENTS ATTENDING THE ONGOING CLASS ARE ABLE TO BENEFIT FROM INSTRUCTION, ANNOUNCEMENTS AND AWARDS.**

**THANK YOU!!**